



Kasarani Campus
Off Thika Road
Tel.2042692/3
P.O Box 49274,00100
NAIROBI
Westland Campus
Pamstech House
Woodvale Grove
Tel. 4442212
Fax: 4444175

KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2024/2025 ACADEMIC YEAR
FIRST YEAR, FIRST SEMESTER EXAMINATION
FOR THE BACHELOR OF COMMUNITY DEVELOPMENT AND SOCIAL WORK
KCD 2104: HUMAN GROWTH AND DEVELOPMENT

Date: 9TH DECEMBER 2024

Time: 2:30PM-4:30PM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

Use the case study to answer the following questions

Case study

Background for Child Fund's Strategic Plan

Katine village is supported by Child Fund, which is an international organization. The organization is dedicated to child care and protection is currently developing a new strategic plan to guide its operations for the next five years. This strategic plan aims to address critical issues related to child growth and development in Katine village, as highlighted by beneficiaries during a community participation meeting. Child Fund aim at addressing social problems affecting the Katine residents as evident from feedback from the community. the new strategic plan underscores the importance of a holistic approach to addressing child development, which involves understanding the complex interplay of biological, environmental, and social factors that influence a child's growth.

Based on the public participation meeting, the residents indicated that assessing human growth is vital for identifying developmental milestones and ensuring that children meet them appropriately. According to the Child Fund strategic plan, human growth and development follow certain universal principles which are key for consideration in the Child Fund strategic plan. Human growth is typically divided into distinct stages and these are very crucial for inclusion in the strategic plan. Each stage is characterized by specific milestones as per the specific domains of child growth and development. Recognizing the needs of children at each stage of development is critical for Child Fund as it designs programs aimed at addressing the varying needs of children in different age groups.

Human growth and development are shaped by both heredity and environmental factors. In disadvantaged communities like Katine, can greatly hinder optimal growth and development. Therefore, Child Fund's strategy must focus on addressing these environmental barriers while also supporting families in creating nurturing environments that promote healthy development. By addressing these key themes in its strategic plan, Child Fund will be better positioned to support the growth and development of children in Kenya, ensuring that they reach their full potential in safe, healthy, and supportive environments.

- a) Discuss the importance of assessing human growth and growth as one of the Child Fund strategic plans.
(6 Marks)
- b) Propose to child fund six (6) universal principles of human growth and development that they need to include in the strategic plan.
(6 Marks)

- c) Discuss the characteristics of the distinct stages of human growth and development that are very crucial for inclusion in the strategic plan. (6 Marks)
- d) As mentioned in the case study, examine the key domains of child growth and development. (6 Marks)
- e) Child fund strategic plan is focused on removing environmental barriers towards child growth and development. With examples discuss the effect of environment on child growth and development. (6 Marks)

QUESTION TWO (20 MARKS)

- a) Discuss the role of family and community ethics on the development of the child. (7 Marks)
- b) Discuss strategies that development practitioners can employ when dealing with the inter-generational problems of youth and adolescence. (6 Marks)
- c) With examples examine the main forms of child abuse in Kenya. (7 Marks)

QUESTION THREE (20 MARKS)

- a) Discuss the importance of theories in the study of human growth and development. (5 Marks)
- b) Discuss the relevance of the following theories in the study of human growth and development.
 - i. Freud's sexual Developmental Theory. (5 Marks)
 - ii. Erikson's Psychosocial Developmental Theory. (5 Marks)
 - iii. Piaget's Cognitive Developmental Theory. (5 Marks)

QUESTION FOUR (20 MARKS)

- a) Examine the effect of family dysfunction of child growth and development. (7 Marks)
- b) Differentiate between human growth and human development. (7 Marks)
- c) Describe main features of a healthy child. (6 Marks)

QUESTION FIVE (20 MARKS)

- a) Examine the main social economic challenges faced by the aged in Kenya. (7 Marks)
- b) Propose possible solution in dealing with the social economic challenges faced by the aged in Kenya. (6 Marks)
- c) Examine the role of peers and schools in the community on child care and development. (7 Marks)