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**KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**UNIVERSITY EXAMINATION, 2024/2025 ACADEMIC YEAR**  
**FIRST YEAR, SECOND SEMESTER EXAMINATION**  
**FOR THE CERTIFICATE IN HOSPITALITY MANAGEMENT**  
**CHM 202 FIRST AID AND HOME NURSING**

Date: 9<sup>TH</sup> AUGUST 2024

Time: 8:30AM – 11:30AM

**INSTRUCTIONS TO CANDIDATES**

**ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS**

**QUESTION ONE (30 MARKS)**

- a) Highlight **four** steps to follow to control bleeding from a deep cut. (4 Marks)
- b) Highlight **five** reasons that make training in first aid important for catering and accommodation staff (5 Marks)
- c) Describe **five** items commonly found in a first aid kit and their uses. (5 Marks)
- d) Identify **five** items to include when stocking a sickroom. (5 Marks)
- e) Outline **five** signs and symptoms of fainting. (5 Marks)
- f) Highlight **six** roles of a home nurse. (6 Marks)

**QUESTION TWO (20 MARKS)**

- a) The trauma that accompanies illness may make one to be socially withdrawn. Describe **four** other effects of illness on an individual. (8 Marks)
- b) Discuss **six** qualities of a first aider. (6 Marks)
- c) Accidents are sudden, unexpected and unplanned occurrences which results in an injury of one form or another. Describe **six** ways of preventing common accidents in catering and accommodation premises. (6 Marks)

**QUESTION THREE (20 MARKS)**

- a) Outline the procedure of cleaning a sickroom (6 Marks)
- b) Describe **four** resting positions for patients on the bed (8 Marks)
- c) Home nursing this is a profession where a skilled individual engages in the taking care of patients in their homes instead of a hospital or other institutions. Describe **three** importance of home nursing skills. (6 Marks)

**QUESTION FOUR (20 MARKS)**

- a) Explain **four** causes of accidents a catering and accommodation premise. (8 Marks)
- b) A home nurse shall keep a detailed report of any special happenings during the nursing attention period. Explain **six** other duties and responsibilities of a home nurse. (6 Marks)
- c) Describe **three** preventive measures that can be taken to reduce the risk of transmission of communicable diseases during first aid and home nursing. (6 Marks)

**QUESTION FIVE (20 MARKS)**

- a) Chocking is the mechanical obstruction of the flow of air from the environment into the lungs.  
Outline the first aid procedure for treating a child that has chocked in the restaurant. (8 Marks)
- b) Kate has been playing volleyball for the past 3 years, a hobby that started when she was in school.  
One day, she was hit on the head and lost consciousness. As the first aider in the field, describe the initial assessment you would carry out on her. (6 Marks)
- c) Describe **three** steps a first aider should take before providing assistance (6 Marks)