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KIRIRI WOMENS' UNIVERSITY OF SCIENCE AND TECHNOLOGY
UNIVERSITY EXAMINATION, 2022/2023 ACADEMIC YEAR
FIRST YEAR, FIRST SEMESTER EXAMINATION
FOR THE DIPLOMA IN COMMUNITY DEVELOPMENT AND SOCIAL WORK
DDS 109: COMMUNITY HEALTH AND HUMAN GROWTH AND
DEVELOPMENT

Date: 8TH DECEMBER, 2022
Time: 8:30am-10:30am

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS

QUESTION ONE (30 MARKS)

- a) Outline factors affecting food Intake during pregnancy. (7 Marks)
- b) State and explain the benefits of Breast milk for the baby. (7 Marks)
- c) State and explain the benefits of Breastfeeding for the mother. (7 Marks)
- d) Discuss the meaning of complimentary feeding. (4 Marks)
- e) Explain the meaning of nutritional assessment. (5 Marks)

QUESTION TWO (20 MARKS)

- a) Discuss the meaning of “maternal mortality”. (4 Marks)
- b) Explain the causes of maternal deaths in Africa. (8 Marks)
- c) Discuss some possible solutions to maternal mortality in Africa. (8 Marks)

QUESTION THREE (20 MARKS)

- a) With examples, differentiate the meaning of the terms “communicable diseases” and “Non-communicable diseases”. (6 Marks)
- b) State and explain risk factors contributing to high incidences of communicable diseases in developing countries. (6 Marks)
- c) Suggest possible ways of reducing spread of communicable diseases in Kenya. (8 Marks)

QUESTION FOUR (20 MARKS)

- a) Discuss the meaning and characteristics of the following terms:
 - i) Under nutrition (4 Marks)
 - ii) Hidden hunger (4 Marks)
 - iii) Obesity (4 Marks)
- b) Discuss factors that promote proper nutrition in a community. (8 Marks)

QUESTION FIVE (20 MARKS)

- a) With examples, explain the meaning of persons with special needs. (6 Marks)
- b) Highlight various types of persons with special needs. (6 Marks)
- c) Discuss challenges facing persons with special needs in Kenya. (8 Marks)