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**KIRIRI WOMEN'S UNIVERSITY OF SCIENCE AND TECHNOLOGY**  
**UNIVERSITY EXAMINATION, 2024/2025 ACADEMIC YEAR**  
**FIRST YEAR, FIRST SEMESTER EXAMINATION**  
**FOR THE DIPLOMA IN PROCUREMENT & SUPPLIES**  
**MANAGEMENT**  
**DCU 1008 RESEARCH METHODOLOGY**

Date:  
Time:

**INSTRUCTIONS TO CANDIDATES**

**ANSWER QUESTION ONE (COMPULSORY) AND ANY OTHER TWO QUESTIONS**

**QUESTION ONE (30 MARKS)**

- (a) Outline the benefits of life-skill education to the society (4 Marks)
- (b) Values are things of importance in our lives. Highlight any **FIVE** sources of values (5 Marks)
- (c) Sahara usually sleeps on a mat. She has moved to a new house with her new husband and needs to buy a bed for the first time. She doesn't know anything about beds at all! Using Problem Solving and Decision-Making Steps, help Sahara solve her problem (6 Marks)
- (d) Stress that is deemed beneficial can be referred to as positive or good stress. Describe circumstances that can lead to positive stress (5 Marks)
- (e) Emotions are strong feelings experienced by a person mainly from personal circumstances/moods or relationships with others. Explain how one can cope with negative emotions (5 Marks)
- (f) Outline the importance of empathy in the society (5 Marks)

**QUESTION TWO (20 MARKS)**

- (a) Outline the characteristics of an assertive person (5 Marks)
- (b) Identify **situations** that may require negotiation amongst students today (5 Marks)
- (c) Describe the characteristics of a creative thinker (5 Marks)
- (d) Discuss any **FOUR** agents that promote gender education (5 Marks)

**QUESTION THREE (20 MARKS)**

- (a) Discuss some of the causes of conflict experienced in the society
- (b) Identify any common time robbers and explain how they lead to time mismanagement (5 Marks)
- (c) Explain what the process of gender mainstreaming entails
- (d) Discuss some of the causes of drug and substance abuse

**QUESTION FOUR (20 MARKS)**

- (a) Time management is the act of planning the amount of time you spend on which activities. Draw your Saturday time management chart (6 Marks)
- (b) Drug abuse and addiction have been linked with HIV/AIDS. Enumerate different ways this can happen (5 Marks)
- (c) Explain how you can maintain a healthy relationship with your friends and classmates (6 Marks)
- (d) As a student, how would you advise your friends to use their leisure time positively (3 Marks)

**QUESTION FIVE (20 MARKS)**

- (a) Discuss some of the misconceptions about HIV & AIDS (6 Marks)
- (b) Identify some forms of Child Labor experienced today (6 Marks)
- (c) Outline **FIVE** factors that influence healthy relationships (5 Marks)
- (d) Explain strategies that can be applied to eliminate gender discrimination (3 Marks)